

Being a Dad can be extremely rewarding and enjoyable; at times it can also be demanding, frustrating and exhausting! Raising children is a very important job, yet most parents start with little experience.

The parenting courses in this leaflet aims to make parenting easier and help Dads to feel more confident in their role.



Fathers to the Future



InfoBuzz

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Parenting Course for Fathers



“There are three stages of a man’s life: He believes in Santa Claus, he doesn’t believe in Santa Claus, he is Santa Claus .”

Q What does the course offer?

The course offers practical ideas, skills and support for those looking after a child. Fresh ideas, common sense and advice are available throughout the course to help you to manage your child’s behaviour.

Q Who should attend this course?

Any father or male carer with children aged 0 - 5 years is welcome. Expecting fathers are also welcome.

Q Who runs the course?

The course is run by a charity called InfoBuzz who support children and their families throughout Gloucestershire.

Q What are the courses aims?

The parenting course enables fathers and male carers of children the opportunity to:

- Build positive relationships with children.
- Praise and encourage positive behaviour.
- Understand the importance of play.
- Set rules and give instructions for children to follow.
- Respond to misbehaviour immediately, consistently and decisively.
- Use discipline strategies that work.
- Take care of themselves.

There are also parenting videos, tip sheets and other helpful materials. There is no right way to be a father, the course offers information and support.



Q How long is the course?

Six weekly sessions lasting up to 90 minutes. First session starts 5th March 2015 at 1pm.



Q Where is the course being held?

Young Gloucestershire
The Link
33 Southgate Street
Gloucester