

St. Peter's Catholic Primary School, Gloucester

PE Curriculum IMPLEMENTATION Statement

At St. Peter's Catholic Primary School, the Early Years Foundation Stage (EYFS) Framework and the National Curriculum are used as the fundamental base to design an exciting and inspiring progressive PE curriculum that maps out the knowledge and skills that we want our children to learn and experience in PE.

The EYFS curriculum is the start of every child's journey to becoming physically literate. There are seven areas of learning and development within the EYFS curriculum. All are important and inter-connected as they build a foundation for igniting children's curiosity and enthusiasm for learning, forming relationships and thriving. The key areas of learning that support their journey to becoming physically literate.

Communication and Language:

- The development of children's spoken language underpins all seven areas of learning and development,
- Children's back-and-forth interactions from an early age form the foundations for language and cognitive development,
- By commenting on what children are interested in or doing, and echoing back what they say with new vocabulary added,
- Reading frequently to children, and engaging them actively in stories, non-fiction, rhymes and poems,
- Through conversation, story-telling and role play.

Personal, Social and Emotional Development:

- Children's personal, social and emotional development (PSED) is crucial for children to lead healthy and happy lives, and is fundamental to their cognitive development,
- Children are supported to manage emotions, develop a positive sense of self, set themselves simple goals, have confidence in their own abilities, to persist and wait for what they want and direct attention as necessary,
- Through adult modelling and guidance, they will learn how to look after their bodies, including healthy eating, and manage personal needs independently,
- Through supported interaction with other children, they learn how to make good friendships, co-operate and resolve conflicts peaceably.

Physical Development:

- Physical activity is vital in children's all-round development, enabling them to pursue happy, healthy and active lives,
- Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness through tummy time, crawling and play movement with both objects and adults,

St. Peter's Catholic Primary School, Gloucester

PE Curriculum IMPLEMENTATION Statement

- By creating games and providing opportunities for play both indoors and outdoors, adults can support children to develop their core strength, stability, balance, spatial awareness, co-ordination and agility,
- Gross motor skills provide the foundation for developing healthy bodies and social and emotional well-being,
- Fine motor control and precision helps with hand-eye co-ordination, which is later linked to early literacy.

Understanding the World:

- Understanding the world involves guiding children to make sense of their physical world and their community,
- The frequency and range of children's personal experiences increases their knowledge and sense of the world around them – listening to a broad selection of stories, non-fiction, rhymes and poems will foster their understanding of our culturally, socially, technologically and ecologically diverse world.

Expressive Arts and Design:

- The development of children's artistic and cultural awareness supports their imagination and creativity,
- The quality and variety of what children see, hear and participate in is crucial for developing their understanding, self-expression, vocabulary and ability to communicate through the arts,
- The frequency, repetition and depth of their experiences are fundamental to their progress in interpreting and appreciating what they hear, respond to and observe.

From Y1, the children work progressively towards the National Curriculum for PE which aims to ensure that all pupils:

- *develop competence to excel in a broad range of physical activities*
- *are physically active for sustained periods of time*
- *engage in competitive sports and activities*
- *lead healthy, active lives*

Our PE curriculum is designed to:

- revisit and build upon prior learning within PE. Retrieval opportunities are planned in PE through the spiral curriculum and enable our children to recall prior learning and/or to make connections between current and prior learning thus embedding knowledge from their working memory to their long term memory.
- develop and enrich every child's cultural capital through access to high quality information, texts, resources and educational trips
- inspire every pupil to have a love for learning in PE

St. Peter's Catholic Primary School, Gloucester

PE Curriculum IMPLEMENTATION Statement

In implementing the curriculum, we ensure that teaching in all subjects incorporates the key principles of high-quality teaching and mastery learning. At St. Peter's we believe teaching approaches that ensure **long-term retention of knowledge, fluency in key skills and confident use of metacognitive strategies are crucial**. These are fundamental to learning and are the 'bread and butter' of effective teaching:

- **cognitive strategies** include PE-specific strategies or memorisation techniques
- **metacognitive strategies** are what we use to monitor or control our cognition, considering which cognitive strategy is the best fit for a task

In implementing the PE curriculum, teachers ensure that every opportunity is taken to remind the children of how 'what' they are learning is linked to our whole school curriculum intent and whole school vision:

At St. Peter's Catholic Primary School, our mission is to share the good news of Jesus Christ with all in our school family so that each child grows in the knowledge that they are formed in the image and likeness of God who calls them to love and be loved, and that they hear and respond to the call to "live wisely, love generously and learn to think deeply." (Pope Francis, <i>Laudato Si</i> , 2016).						
Following in Jesus' footsteps, we live, love and learn together as a school family, to build a better world.						
It is our intention that the St. Peter's Curriculum will:						
Nourish and nurture	Empower our children with the knowledge and skills to:			augment remembering	Develop key attributes	Inspire
	LIVE	LOVE	LEARN			
Talents – curriculum, enrichment and extra-curricular opportunities	Responsible citizens: Local, National International Fund raising	Inclusion: SEND Disadvantaged Other Cultures and beliefs	Think deeply: mastery and enquiry questions	Retrieval Spiral curriculum – golden threads	Independence Resilience Perseverance Team players Effective communication skills Problem solvers Risk takers	Parental engagement Oracy and reading
Faith	Global challenges: <u>Laudato Si</u> & <u>Fratelli Tutti</u>	Gospel message CST – social justice and help those in need	Successful learners: lifelong learners Aspirations Growth <u>mindset</u> RP			Cultural capital
Disadvantaged incl SEND and PP			Confident individuals: Self-regulation & Metacognitive strategies Role models			

PE is taught weekly through 4 terms and twice weekly through 2 terms. In addition, other sporting experiences and events take place throughout the year.

Our PE spiral curriculum has 6 multi ability cogs:

Applying physical, Social, Personal, Health and fitness, Cognitive and Creative which link and build upon prior learning in PE.

The PE curriculum is implemented following the PE coverage document and progression is detailed in the PE skills progression document.

Vocabulary development in PE is also important as pupils' acquisition and command of vocabulary are key to their learning and progress not just in PE but across the whole

St. Peter's Catholic Primary School, Gloucester

PE Curriculum IMPLEMENTATION Statement

curriculum. Our PE vocabulary progression document shows how we actively develop vocabulary in PE.

Finally, we use assessment to check pupils' understanding of what the PE curriculum intent says they should know, and to identify and correct misunderstanding and inform teaching.