



St. Peter's Catholic Primary  
School

SEX EDUCATION POLICY

Ratified on: December 2014

Review Date: December 2015

### Mission Prayer

This policy should be viewed in the light of our Mission Prayer as follows:-

**Dear Lord,**

**Help us to LIVE life to the full by being active in our community,**

**help us to LOVE one another as we wish to be loved, and**

**help us to LEARN to make the right choices in life**

**Amen**

### A Journey in Love – A Rationale

At St Peter's, sex education is taught within the context of a loving relationship using the 'A Journey In Love' scheme of work.

'God's love for us is fundamental in our lives and it raises important questions about who God is and who we are.'

(Deus Caritas Est 2)

'A Journey In Love' has as its foundational premise the belief that we are made in the image and likeness of God and, as a consequence, gender and sexuality are God's gift, reflect God's beauty and share in the divine creativity. The main principle underpinning our sex education policy is that that all children may grow and develop healthily towards an understanding of their gender and its implications for successful relationships and that in doing so, they are at ease with themselves and grow in self-knowledge.

Through using the 'A Journey In Love' scheme, an aspect of the mystery of love is treated in each year group; children are encouraged to marvel at the wonder and beauty of God's creative love. The tasks undertaken by the children are both progressive and developmental and focus on physical, social, emotional, intellectual and spiritual development.

### Aims of Sex Education

At St. Peter's we believe that sex education is an educational entitlement of all pupils and an integral part of each pupil's emergence into adulthood. It is taught in accordance with recommendations from the diocese and is delivered primarily through the 'A Journey In Love' scheme of work as outlined above.

Through teaching sex education at St. Peter's we aim to:

- encourage personal responsibility in all forms of behaviour;
- encourage self-esteem;

- encourage respect and consideration for others;
- provide support and information for young people and their parents;
- promote openness and discussion on related issues in and out of school.

The aim of this policy is to clearly communicate to staff, parents, visitors and pupils the manner in which sex education will be delivered in this school.

### Content

Through the use of 'A Journey In Love' scheme, sex education not only provides knowledge and encourages the acquisition of skills and attitudes, which allow pupils to manage their lives in a responsible and healthy way, it also enables them to think ever more deeply about the spiritual aspect of their relationships with others.

As well as developing an ever deeper understanding of their physical and social development, it also encourages the children to think increasingly more about the wonders of God's creation and their role in respecting this creation.

Pupils will be encouraged to consider the importance of the following values:

- Respect and valuing themselves and others;
- Understanding and sensitivity towards the needs and views of others;
- Responsibility for their own actions;
- Responsibility to the school, their family and the wider community.

### Skills and Abilities

Pupils will be helped to develop the following skills:

- Communication including the making and keeping of relationships;
- Assertiveness;
- Decision-making;
- Recognising and using opportunities to develop a healthy lifestyle.
- Relating their own relationships to those that God has with us on a spiritual level.

More detailed information can be found in the Journey in Love scheme of work. Parents can request access to the Scheme of Work to see the work their child(ren) will be covering in their unit. Parents have the right to remove their child from Sex Education lessons, with prior notification to the Headteacher.

### Organisation

- a. Sex Education is overseen by the Governing Body in association with the Head Teacher and the RE Subject Leader.
  
- b. Delivery is through the 'A Journey In Love' scheme of work as outlined earlier.

### Teaching Approaches

A variety of approaches are used to give pupils relevant information; to enable moral issues to be explored through discussion; and to acquire appropriate skills. Details can be seen in the scheme of work.

### Pupil Groupings

Pupils are taught in mixed ability and gender groups within their year group.

### Resources

Materials – As well as the approved scheme of work, a wide range of teaching resources is available to teachers and for inspection by parents through the Governing Body/Head Teacher.

All teaching staff are appropriately trained and will be involved in teaching sex education at an appropriate level. Support is offered through an ongoing in-service training programme.

### Monitoring and Review

- a. Sex education will be monitored by the Head Teacher, the RE Subject Leader and the Governing Body.
  
- b. The full policy will be made available to all parents/guardians when their child enters the school.
  
- c. A nominated governor has a link role between the school and the Governing Body

This policy will be reviewed on an annual basis.

Review date: March 2016